

# Newsletter

### Issue 6 Term 2 Week 2

### **Diary Dates**

Term 2

Week 2

Fri 10/5 Cross Country SAPSASA

Week 3

Celebrate Canteen Week

Tues 16/5 – Thurs 17/5 NAPLAN Testing

Week 4

Thurs 24/5
Disco
In the activity room
R-3 4:30pm — 5:30pm
Yrs 3-7 5:45pm-7:15pm

Fri 25/5 SAPSASA Girls Soccer

Week 5

Thur 31/5 Grandparents Day

Fri 1/6 Pupil Free Day

### Start to Term 2

We have had a fantastic start to Term 2. It has been great to see our students so enthusiastic and motivated regarding their learning across the school.

### **NAPLaN Testing**

Just a reminder that next week, from May 15<sup>th</sup> to 17<sup>th</sup>, our students in Years 3, 5 and 7 will be engaged in NAPLaN testing in the areas of reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. Last term we sent home information to parents and caregivers of students in these year levels including a NAPLaN Parent information sheet.

The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. It is important to note that NAPLAN tests are just one aspect of a school's assessment and reporting process; they do not replace ongoing assessments made by teachers about student performance. If you have any questions about NAPLaN testing, you are welcome to catch up with me.

### Mother's Day Stall

Students and family members have really enjoyed purchasing presents and cards etc from the Mother's Day stall over the past two days. Many thanks to Arlene and Lina for organising such a great range of affordable presents and managing the stall. We also really appreciate the help and support of Nancy, Dianne and Tania on the stall before school for the past two days.

### Celebrate Canteen Week

Next week we will be engaging in Celebrate Canteen Week. We look forward to celebrating the great work Julie does as the manager of our school canteen. Furthermore, it gives us an opportunity to acknowledge the valuable support of our canteen volunteers. We look forward to sharing photos in relation to these celebrations.

Regards,







### Mr Perri's Positivity Post

Hi Everyone!

We really have had a great start to term 2. We're seeing so many of our students showing our school values every day, and working positively in classrooms. For those students who have shown their interest already, SRC will soon be announcing the details of our peer mediation program and handing out applications to students from year 5-7 next week.

### **MINDFUL MOMENTS**

We've all been told to take a deep breath in moments of stress, anxiety, anger and so on. But does it actually help? The simple answer is yes. When we slow down our breathing, our blood pressure lowers, our muscles relax, endorphins are released, and oxygen delivery improves. This helps the brain to also relax and your thoughts to settle. So, next time you need to take a breather, try this: Take a slow breath in to the count of 4, then hold your breath to the count of 4, then breathe out to the count of 4, then finally, hold your breath once more to the count of 4. Repeat this a few times until you feel calm and relaxed.

See you next time, Mr Perri ☺



We would like to wish all Mothers, Grandmothers and

Caregivers a wonderful Mother's Day on this Sunday

# Reminder Pupil Free Day Friday 1<sup>st</sup> of June No school for students as teachers are involved in training.

# SPORTS DAY

Some action shots from Sports Day last term. It was great to see everyone being active, having fun, and working together.





















## Parafield Gardens Children's Centre

**Development and Parenting** 



9 Casuarina Drive Parafield Gardens 5107 Ph: 8258 3659

Website: http://www.parafieldgardenscc.sa.edu.au

Fax: 8285 5163

Email: dl.2654.leaders@schools.sa.edu.au

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Parafield Gardens Children's Centre

# 2018 Term 2 Program

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Preschool / Kindy Program	Preschool / Kindy Program	Preschool / Kindy Program	Preschool / Kindy Program	Preschool / Kindy Program	Novita Community Playgroup
During school term 8:00am -2:45/3:00pm	During school term 8:00am -2:45/3:00pm	During school term 8:00am -2:45/3:00pm	During school term 8:00am -2:45/3:00pm	Once per term 8:00am -2:45/3:00pm	Kids, Blokes and Dad's Jokes
Occasional Care Program	Occasional Care Program	Intercultural Women's Group	Community Foodie Program	Occasional Care Program	10:00 - 12:30pm Dates to be confirmed
Over 2 years old AM: 8:30 - 11:30 PM: 12:00 - 3:00 Booking essential	Over 2 years old AM: 8:30 - 11:30 PM: 12:00 - 3:00 Booking essential	9:30am—11:30am Hosted by Lutheran Community Care Contact Farzaneh at 8269 9300	10am - 1:00pm Starting 3 May for 10 weeks continuously throughout the term. Training about Nutritional Food and	3 months - 4 years  Morning session only 8:30 - 11:30 Booking essential	Fun, free group for kids and their blokes. All families and children are welcome!
BEING with BABY	Walk and Talk	Novita Community Playgroup	Good Health Cook in class and taste your creations	Novita Community Playgroup	Reading
This program is for babies from birth to 12 months of age. 30 April Welcome Dinner 6:00pm — 7:30pm 7, 14, 21, 28 May 4, 18 June 9:30am — 11:00am 25 June Celebration Dinner 6:00pm — 7:30pm Call Bemi & Shelley for further details	9:00am—10:00am Come along every Tuesday for a walk and talk with your children as we explore our community. If weather is forecast for 35°C or above, there will be no walk. Bring water bottle, wear active clothes. Call Imelda or Shelley for details.	12:30pm - 2:30pm A weekly supported playgroup for children and families to leam and develop together. ALL WELCOME	Crèche available for children coming along  Contact Sarah at 8182 3122 Imelda at 8258 3659 Susan at 8258 0666 for more information or enrolment  SA  COMMUNITY FOODIES	10:00am - 12:00pm A weekly facilitated playgroup for families to come together to play, learn and grow. ALL WELCOME	Reading is an important activity to share with children. Free LITTLEBIG BOOK CLUB TODDLER PACK available. Ask Imelda or reception.
Northern Area Midwifery Group Practice (NAMGP)	English Class	Northern Area Midwifery Group Practice (NAMGP)	Child and Families Health Services	MYTIME 12:30pm - 2:30pm	
NAMGP offering one to one midwifery care and birthing options for all women. Contact Jo Clarke at 8182 9000 for further information	9:00am - 11:00am  For parents who would like to improve everyday English language are welcome.  Crèche is available	NAMGP offering one to one midwifery care and birthing options for all women. Contact Jo Clarke at 8182 9000 for further information	(CaFHS) provides free health checks for South Australian children at key developmental ages between birth and 6 years. Call 1300 733 606 to make appointment.	Mytime supports parents and carers of children aged 0-16 with disability, development delay or chronic medical condition. Book with Silvana Zotti at 8159 9487	WILDUR

### Women's Information Service

The Women's Information Service provides information to South Australian women online, over the phone and in person. We aim to increase access to information that promotes choice

- and empowerment. You can talk to us about:
- Domestic/family violence
- Education and training
- Health and wellbeing
- Family life and relationships Housing and accommodation options
  - Finance matters
  - Women's groups and events
  - or anything at all.

For more information, visit us Monday to Friday from 9:00am to 3:00pm during school terms or email to wis.pgcc@gmail.com or phone us at 08-8258 3659